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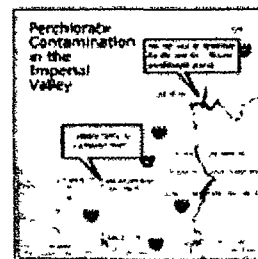


High Levels of Toxic Rocket Fuel Found in Lettuce

Summary

Eating lettuce or other vegetables grown in fields irrigated by the Colorado River may expose consumers to a larger dose of toxic rocket fuel than is considered safe by the U.S. Environmental Protection Agency, according to test documents obtained by Environmental Working Group (EWG).

Test results never before made public show that leafy vegetables grown with contaminated irrigation water take up, store and concentrate potentially harmful levels of perchlorate, a thyroid toxin that is the explosive main ingredient of rocket and missile fuel.



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Sworn depositions and other courtroom documents show that the giant aerospace and defense contractor Lockheed Martin — a major user of perchlorate responsible for widespread contamination of Southern California water supplies — knew as early as 1997 that vegetables store concentrations of the chemical, but said nothing to the EPA or state health officials. [PDF documents: [Lockheed letter](#) | [Test results](#)] Since most related work by defense contractors is done for the U.S. military, the Department of Defense may also have known, but said nothing to warn other agricultural consumers — or farmers whose crops, through no fault of their own, are tainted by contaminated irrigation water.

If the perchlorate levels reported here are confirmed by further testing, immediate government action will be needed to reduce perchlorate in other vegetables. In the interim, we strongly recommend that the Food and Drug Administration immediately begin testing lettuce and selected other vegetables grown with Colorado River water for perchlorate, and that the results of testing be made public as soon as they are confirmed.

In addition, any grower who is adversely affected by perchlorate contamination of their crops should be fully compensated for any and all economic losses in their farming operations and property values.

Perchlorate in food could threaten human health

In a front-page story on Dec. 16, 2002, *The Wall Street Journal* reported "tests on several vegetable samples from a perchlorate-contaminated area in Redlands found the plants concentrated perchlorate from local irrigation water at an average factor of 65, according to calculations by Renee Sharp of the Environmental Working Group in Oakland, Calif., one of the few nonprofits focused on perchlorate contamination. That means the perchlorate dose from eating vegetables was 65 times the amount in the water." Sharp told the *Journal* that "people are eating it, on top of drinking it, the EPA will have to lower its drinking-water standard substantially." [Read the story]

Perchlorate, which impairs the thyroid's ability to take up iodide and produce hormones critical to proper fetal and infant brain development, has contaminated almost 300 drinking water sources and farm wells in California and a number of sources in at least fifteen other states. Sources known to be contaminated include the Colorado River from near Las Vegas to the Mexican border — the primary or sole source of irrigation water for farms in California, Arizona and Nevada that grow the great majority of the lettuce sold in the U.S. during winter months.

If the perchlorate concentrations shown in the test results obtained by the *Journal* affect the entire Colorado River winter vegetable

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[>>| Warning/Disclosure Docs \(PDF\)](#)

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would have huge implications for current efforts to set safety standards for exposure to perchlorate. It would signal that decades of negligence by manufacturers, the aerospace industry and the U.S. military have contaminated not only the drinking water of millions of Americans, but their food as well.

Both the EPA and the state of California are working toward establishing standards for perchlorate in drinking water. Under state law, California was supposed to set a standard by January 2004, although progress has been delayed by a lawsuit filed by St. Louis-based Lockheed Martin and Ker Corp. of Oklahoma City, which until 1998 manufactured the chemical at a closed plant near Las Vegas that is a main source of contamination of the Colorado River. (The sole remaining U.S. producer of perchlorate is Air Pacific Corp. of Las Vegas; until 1988 its plant, now in Cedar City, Utah, was Kerr-McGee's in Nevada.) EPA says it doesn't plan to adopt national standards for perchlorate in drinking water until at least 2006, although both local and elected officials in California — where more contaminated sources are almost weekly — are calling for faster federal action.

But the newly revealed test data suggest that vegetables from the Imperial Valley region of California and Arizona, which produces most of the nation's lettuce sold nationwide from November to March, may be a more significant source of perchlorate exposure than drinking water.

In a 1999 study, the EPA's National Environmental Research Laboratory grew seedlings in perchlorate-contaminated water and found that "perchlorate accumulated in the leaves to significant levels" — by factors of 100 times or more. (*Susarla et al. 1999.*) The tests showed that lettuce was able to take up and store 95 percent of the perchlorate in the water. This extraordinary rate of bioaccumulation would mean that lettuce grown in water with levels of perchlorate could deliver large doses of the toxin to consumers far higher than the EPA's provisional drinking water standard.

But EPA discounted the results of the 1999 tests because the water used was contaminated with concentrations of perchlorate much higher than are found in water supplies, and because the lettuce seedlings were grown in greenhouses and harvested before maturity. Despite the troubling results of the preliminary study and the absence of data on perchlorate in U.S. or foreign produce, the EPA concluded that "the available information . . . suggests that foods do not contribute to" perchlorate accumulation in the human body. (*2002, Bacchus et al. 1999.*)

To close the data gaps, in April 1999 the EPA convened an "eco-summit" where attendees included the Air Force; a coalition of perchlorate manufacturers, including Lockheed Martin, called the Perchlorate Study Group; Indian tribes who are major producers of winter vegetables irrigated by the Colorado River. The year before, at a perchlorate forum in Henderson, Nevada, an environmental manager for the Yuma, Ariz., Quechan tribe stated:

"Irrigation is a way of life for our people. We have 13,000 acres dedicated to the production of lettuce. We produce annually eight million heads of lettuce for every man, woman and child [in the United States]. That food is produced from Colorado River water and 22 million people derive their water supply from the lower Colorado River in three states and two countries. That's how big this problem is." (Rogers 1998.)

At the "eco-summit," top priority was given to a "real-world" study that would test a variety of crops through the Department of Agriculture, and the Department of Defense provided \$650,000 to fund it and other studies. The USDA and the Food and Drug Administration developed an extensive protocol for the study — before deciding it was too expensive and postponing it in

Instead, the Air Force decided it would pay for a second study of green grown lettuce. The findings of this second study have never been made public. In 2000, responding to a Freedom of Information Act request by a California interest law firm for "All materials related to any investigation or research conducted by, or for, any U.S. Government Agency, regarding the health effects of perchlorate on humans beings and the environment," the Air Force turned over some material, but nothing on either of the lettuce studies. The Air Force

that those and other records "are fully exempt from disclosure until the sponsored EPA peer review is complete. They contain information that is exempt under the deliberative process privilege." The EPA-sponsored peer review of the proposed perchlorate standards is now complete, but the lettuce study remains unreleased.

In October 2002, at a water industry-sponsored perchlorate conference in Ontario, Calif., Air Force spokesman Dave Mattie was asked about the greenhouse lettuce study before a group that included regional EPA officials. Mattie replied that the study had been completed, but "someone walk away with the data." When asked why the the "real world" study of vegetables with Colorado River water had been cancelled, Mattie again said it was unfunded.

But in fact, unknown to the EPA, there had in fact been a "real world" lettuce study with perchlorate-contaminated water in 1997 — two years before the "eco-summit" at which such a study had been made a priority. An Air Force scientist, Martin, a key member of the Perchlorate Study Group, was intimately involved in its results. Since the Air Force has worked closely with Lockheed Martin and other members of the Perchlorate Study Group on a number of perchlorate research projects — including unethical tests on human subjects — the military may have known of these earlier lettuce tests as well.

Lockheed Martin is responsible for polluting dozens of water supplies in the Redlands area of San Bernardino County, Calif., with high levels of perchlorate and other chemicals. A class action lawsuit has been brought against Lockheed Martin by more than 800 residents of the area, who blame contaminated drinking water for a variety of health problems including cancer. Farm workers in the area are not irrigated by the Colorado River, but draw from wells that are contaminated by perchlorate plumes from now-abandoned Lockheed Martin.

Lawyers at Engstrom, Lipscomb and Lack in Los Angeles, who represent Redlands residents suing Lockheed Martin, learned that the company had been in negotiation with Lucky Farms, a San Bernardino grower of lettuce and other vegetables, over contamination of the farm's water supply. The lawyers subpoenaed all materials from the negotiations, and have discovered that Lockheed was sitting on startling evidence of vegetables' uptake and concentration of perchlorate.

The subpoenaed documents, obtained by EWG from the lawyers, show that in late 1997 and early 1998, Lucky Farms conducted a series of tests on lettuce to see if they were contaminated with perchlorate. [PDF documents: [Letter](#) | [Test results](#)] These tests were conducted on four samples of "leafy vegetables" and four samples of some kind of "vegetable matter" which was not identified.

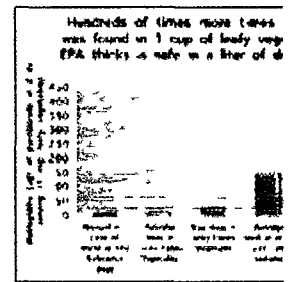
The results of the testing were dramatic: The four "leafy vegetable" samples averaged 4,490 micrograms of perchlorate per kilogram (ug/kg), with a maximum concentration of 6,900 ug/kg. Perchlorate levels in the "vegetable matter" were lower, averaging 213 ug/kg with a high of 420 ug/kg. Other vegetables were found to have an average of more than 2,600 micrograms of perchlorate per kilogram — thousands of times higher than what the EPA considers to be a safe amount in a liter of water. Although there is currently no federal drinking water standard for perchlorate, the EPA's proposed "reference dose," which is what the agency considers the level that is safe to consume every day, is just one microgram per liter of water or two micrograms per day for an adult.

Despite the startling results, Lucky Farms was somehow persuaded not to take legal action against Lockheed Martin. However, there was one significant consequence. Since at least 1995, farm workers living and working on Lucky Farms were required to sign a form stating that they had been warned of the contamination of the drinking irrigation water. [View document] But after perchlorate was found in the water (and vegetables) in 1997, the forms were amended to include a specific warning: "This water may cause cancer or birth defects."

According to EWG's analysis, if a pregnant woman were to eat a typical cup of vegetables with the contamination level found at Lucky Farms, she would ingest a dose of rocket fuel more than 100 times higher than the EPA considers safe in a liter of drinking water. (Figure 1.) One sample of "leafy vegetables" contained 386 micrograms of perchlorate per one-cup serving, and the average

perchlorate in the vegetable samples was 146 micrograms per two-ounce serving.

According to other documents acquired by Engstrom, Lipscomb and Lack, the perchlorate concentration found in the five wells on Lucky Farms' property ranged from 10 to 130 parts per billion (ppb) and averaged 40.1 ppb. Because it is not known which wells were used to irrigate which samples it is difficult to calculate exactly how much each of the tested vegetables concentrated perchlorate, but using average figures for the amount of perchlorate found in the wells and the vegetables, EWG analysis shows that the vegetables concentrated perchlorate by a factor of 3.7. This means that perchlorate levels in the vegetables were on average higher than the levels in the water.



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Such results are consistent with the high concentrations of perchlorate been found in non-crop plants growing in contaminated areas. (EPA 2002) The data has profound implications for future perchlorate drinking water standards — as well as for anyone who eats Imperial Valley lettuce.

The lower Colorado River is used to irrigate an estimated 1.46 million farmland in California and Arizona. Water is distributed from the Colorado River to the nearby Imperial Valley of California and southwestern Arizona via extensive irrigation canals. It is used to grow a variety of crops including alfalfa, lettuce, wheat, citrus, barley, melons, dates, grapes, avocado, tomatoes, onions, carrots and cauliflower. (CRWUA 2002.)

Of particular concern for perchlorate accumulation is a high water consumption by lettuce (which requires three acre-feet of water per acre). In Imperial County, CA, 20,000 acres of iceberg lettuce and 10,500 acres of leaf lettuce were harvested in 1999. (Imperial County 2002.) That year, 45,000 acres of wintertime head lettuce, 5,300 acres of leaf lettuce and 9,300 acres of lettuce were harvested in Yuma County, AZ. (UA Extension 2002.)

EPA and the state of California are in the process of developing drinking water standards for perchlorate, and both are required to consider sources other than drinking water. The preliminary research on vegetable uptake of perchlorate strongly suggests that food is likely to be an equal or greater source of perchlorate, but so far this hasn't been reflected in the proposed drinking water standards of either agency.

California's latest draft public health goal (PHG) of 2 to 6 parts per billion assumes that 80 percent of a person's exposure to perchlorate comes from drinking water. (OEHHA 2002.) EPA has calculated a "drinking water reference level" of 1 ppb for their most recent proposed reference dose (RfD), but has yet considered the issue of relative source contribution in calculating the proposed drinking water standard. (EPA 2002.) If vegetables irrigated with Colorado River water are in fact concentrating perchlorate, the drinking water standards will have to be substantially lower to account for the considerable exposure coming from food.

If Lockheed-Martin's perchlorate is indeed contaminating crops to such a degree, the FDA will have to take emergency action to keep the food off the market. Growers will have to be compensated for damage to their farming operations and property values.

Recommendations

If the perchlorate levels reported here are confirmed by further testing, immediate government action will be needed to reduce perchlorate in other vegetables. In the interim, we recommend that the Food and Drug Administration begin immediately testing lettuce and selected other vegetables grown with Colorado River water for perchlorate, and that the results of the testing be made public as soon as they are confirmed.

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